**Norchad Omier Post Breakdown**

**Post Overall:**

* Shooting 42.86% overall in conference play
* Only had 35 field goal attempts out of the post
* 2-8 on jump hooks from the post
* 3-6 on mid-range jumpers from the post
* 8-14 on layups
* **1-1 left-handed jump hooks**

**Left Block:**

* Shooting 39.13% from left block
* 65.7% of post-up attempts were from left block
* **Went left 20-23 (87%) of attempts**

**Right Block:**

* Shooting 40% from right block
* 28.6% of post-up attempts were from right block
* **Went right 9-10 (90%) attempts**

**Circle:**

* 2-2
* Went right once, left once

**Overall:**

* Goes right on right block 90% of the time
* Goes left on left block 87% of the time
* Very high turnover rate from both blocks
  + A lot of unforced turnovers (charges, bad passes)